



Cozy Caterers



A Premier Catering Company



For a Healthier Workplace

Entrees

Chicken Fajita Stuffed Peppers

Bell Peppers, stuffed with tomatoes, brown rice, corn, black beans, cilantro, and jack cheese. Sour Cream and Hot Sauce on the side.
H \$50 F \$95

Heart Healthy Burrito

Chicken Strips, Cheddar Cheese, Brown Rice and Broccoli and Red Peppers in a Burrito.
H \$50 F \$95

Thai Vegetable Stir Fry

Scallions, Julienne Carrots, Onions, Red Peppers, Mushrooms, sautéed with Rice Noodles.
Add: Chicken or Shrimp H \$95 F \$175
H \$65 F \$120

Beef and Broccoli Stir Fry

Steamed Broccoli sautéed with flank steak and oyster sauce. Served on a bed of Brown Rice.
H \$70 F \$130

Sun-Dried Tomato Baked Cod

New England Filet of Cod topped with a Sundried Tomato and Kalamata crust with a light olive oil
H \$50 F \$95

Blackened Salmon

Served with an Avacado and Pineapple Salsa
H \$85 F \$160

Quinoa Caccitore

Quinoa, Portabella Mushrooms, Yellow Squash, Onions, Vibrant Peppers in a plum tomato sauce
H \$40 F \$75

Soup and

Sandwich Platter

1/2 Sandwiches and cup of soup. Sandwiches on Ciabatta or Assorted Wraps include: Turkey Avocado, Grilled Pesto Chicken, Ham and Swiss, and Mediterranean Hummus Wrap.

Choice of One Soup:

Chicken Wild Rice and Spinach, Butternut Apple Bisque, Lentil, Ginger Carrot, Minestrone, or Tomato Garden Vegetable.
\$9.95 per person

Lunch to Go Box

Apple and Curry Chicken Salad

Diced Apple, Celery, Green or Red Grapes, Plain Greek Yogurt and Lettuce on a Hearty Whole Grain Roll Served with a Fruit Cup and a Granola Bar
\$9.95

Balsamic Flank Steak

With Goat cheese, caramelized onion, arugula, and tomato on French Bread Served with a Fruit Cup and a Granola Bar
\$9.95

Simple Salmon Salad

with Salmon, Lettuce, Light Mayo, Celery, Chives and Squeeze of Lemon. On a Sourdough Roll Served with a Fruit Cup and a Granola Bar
\$9.95

Salads

S \$35 M \$45 L \$60

Healthy Cobb Salad

Mixed Greens, Avocado, Eggs, Cherry Tomatoes, Red Onion, Crumbled Blue Cheese. Lemon Extra-Virgin Olive oil Dressing

Loaded House Salad

Tomato, English cucumbers, green onions, red bell pepper, endive, Kalamata olives and mesculin Greens, with a lemon balsamic vinaigrette dressing.

Roasted Vegetable Quinoa Salad

with sweet potatoes, baby carrots, red onion, yellow squash and red pepper

Mediterranean Quinoa Salad

With black olives, roasted peppers, corn kernels, red onion, cilantro and feta cheese crumbles.

Desserts

Healthy Banana Cookies

With Cranberries and Chocolate Chips
2dz \$24

Fruit Kabobs

With Honey Yogurt Dip
\$2.95 each

Popcorn Bowl

Air popped and drizzled with dark chocolate



Paper Goods Additional \$1 per person
All Orders must be \$100 or more for delivery
Delivery charge based on mileage starting at \$15